



Mothers Matter Canada Professional Development Program Guide

Spring 2025



When Mothers Thrive,
Children Flourish and
Communities Prosper

ABOUT THE CORE PROFESSIONAL DEVELOPMENT PROGRAM



Mothers Matter Canada offers Coordinators and Home Visitors an opportunity to work and learn over the term(s) of their employment, to help them grow in areas that will make them more effective in their roles. This approach is also structured to support Home Visitors to transition successfully out of the HIPPY program and find other employment that is in line with their career goals and aspirations.

Through a strategic partnership with Red River College (RRC) Polytechnic, and with funding from Immigration, Refugee, and Citizenship Canada (IRCC) as well as the Durland Foundation, MMC has designed a structured, participatory, and accredited Professional Development Program (PD).

The Core PD Program is a free two-year training program for Home Visitors. It covers six topics in total, with beginner and intermediate courses, containing three modules each. These courses are delivered online by field experts and professional instructors. Home Visitors gain important knowledge and insight into these topics as well as reflect on their life journey and share their own best practices. This 'work, learn, apply' model equips Home Visitors to succeed in their role and better meet the needs of HIPPY and SMART mothers and their children.

Home Visitors who complete each level will receive recognition for the knowledge and skills they gain in the form of a micro-credential (digital badge) awarded by Red River College Polytechnic, that can be applied to their resumes, LinkedIn profiles, and application forms to other educational institutions.

In addition, Home Visitors and Coordinators have access to high quality training on topics such as Transition Planning, Mental Health and Wellness, Leadership, Autism Literacy, and more. The Professional Development Program is optional, but highly encouraged as it helps Coordinators and Home Visitors succeed in their roles.

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“HIPPY is based on the principle of mothers helping mothers. It focuses on coaching them to prepare their children for school. In Canada, HIPPY works with low-income immigrant, Indigenous and other families in need.”

The Right Honourable David Johnston, C.C., C.M.M., C.O.M., C.D., and Sharon Johnston are Patrons of HIPPY Canada.



Immigration, Refugees and Citizenship Canada

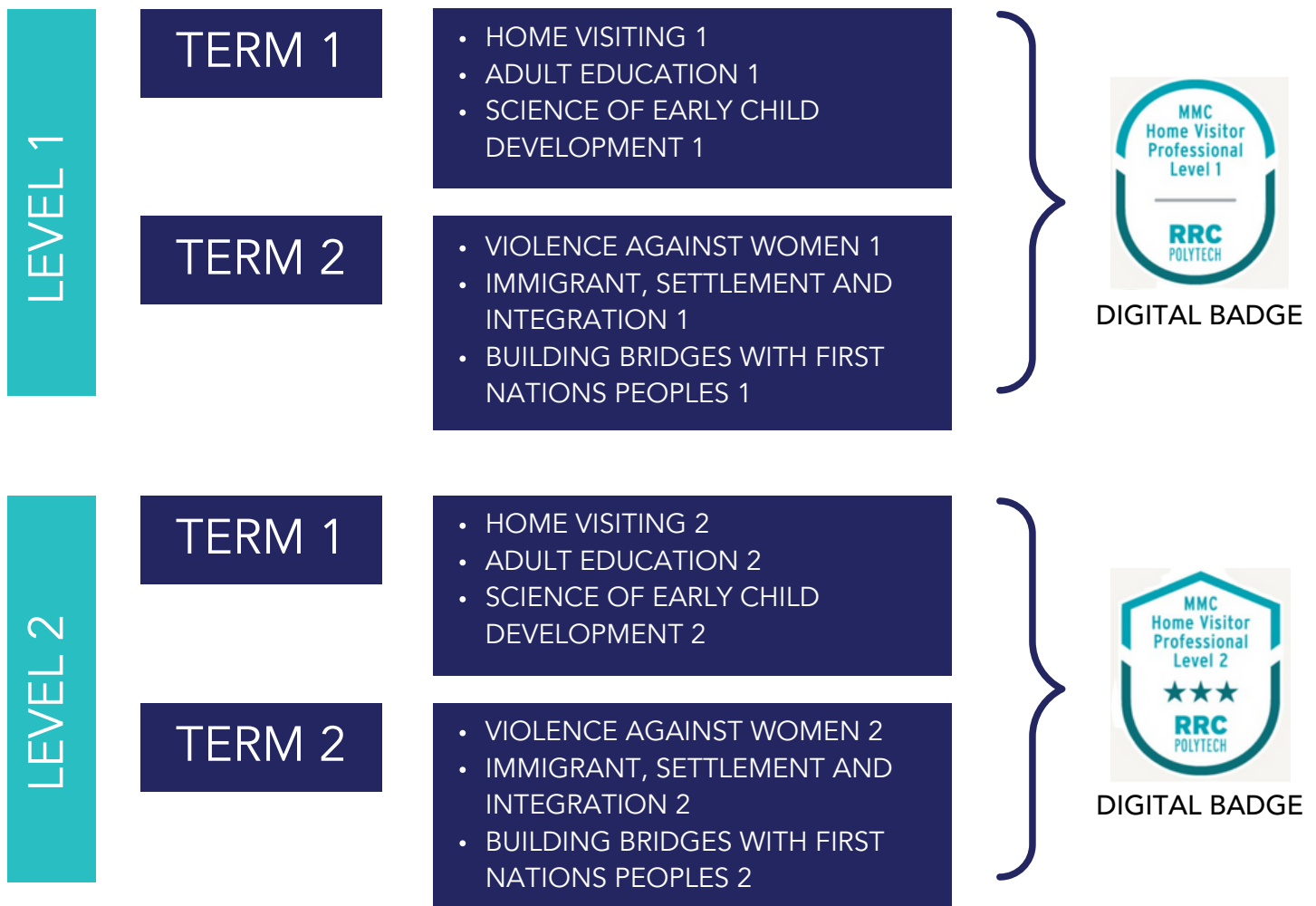
Immigration, Réfugiés et Citoyenneté Canada



HOME VISITOR CORE PROFESSIONAL DEVELOPMENT PROGRAM

The MMC and RRC Polytechnic have developed a credited Professional Development Program that is offered, free of charge, to Home Visitors. Upon completion of TWO terms of Level 1, Home Visitors receive their first micro-credential in the form of a Digital Badge. Home Visitors will receive a second Digital Badge upon completion of TWO terms of Level 2. Home Visitors who complete only 1 term will receive a certificate from the Mothers Matter Centre, but it is not accredited. Below you will find the different levels, terms, and topics of the Core PD program.

HOME VISITOR PROFESSIONAL MICRO-CREDENTIAL



SPRING 2025 CALENDAR

- Registration opens on **February 3, 2025** for Level 1 Term 2
- Bloom Leadership program applications open **February 1, 2025**

AUTISM CANADA VISUAL SUPPORT TRAINING

HIPPY CURRICULUM YEAR 3: MAR 26, 2025, Q&A: APR 10, 2025

MMC has collaborated with Autism Canada to create custom visual aids to complement the HIPPY curriculum. The visual aids will support mothers to engage their autistic and neurodivergent children more meaningfully through the HIPPY curriculum.



- Coordinators
- Home Visitors
- Coordinators & HVs

Level 1 Term 2

Level 1 Orientation

You will get an overview of the Professional Development Program, what a microcredential is, and how to use the LEARN platform during the course.

Violence Against Women 1

You will get an overview of what violence against women is, what are its forms and manifestations and how it impacts women and families.

Immigrant Settlement and Integration 1

You will be able to strengthen your capacity to act as a guide and support system for the immigrant families you serve.

Building Bridges with First Peoples 1

You will learn about the history and impacts of colonialism and residential schools on the First Nations, Inuit and Métis Peoples of Canada.

2025 MARCH


SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5 Monthly Exchange	6	7	8
9	10	11	12	13	14	15
16	17	18 Level 1 Orientation	19	20 Level 1 Orientation	21	22
23	24	25 VAW 1	26 Y3 Autism Training	27 VAW 1	28	29
30	31 Bloom					

2025 APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
		1 VAW 1	2 Monthly Exchange	3 VAW 1	4	5
6	7 Bloom	8 VAW 1	9	10 VAW 1 Autism Canada Q&A	11	12
13	14 Bloom	15 VAW 1	16	17 VAW 1	18	19
20	21 Easter Monday	22 VAW 1	23	24 VAW 1	25	26
27	28 Bloom	29 VAW 1	30			



SPRING 2025 CALENDAR

-  Coordinators
-  Home Visitors
-  Coordinators & HVs

BLOOM LEADERSHIP PROGRAM

MARCH 31 - JUNE 16, 2025

Participants learn to identify their current leadership strengths and capacity, and have an opportunity to build on them. They develop a strategy to address gaps in their current leadership skills and have increased confidence to apply for leadership positions and manage others, as well as seek higher education in the context of leadership. Ultimately, participants emerge with skills to be leaders in their community. This training is comprised of:

- 10 weekly facilitated zoom sessions of 2 hours each, including introductory and closing sessions.
- 5 content areas: Authentic Leadership, Values, Strengths, Setting Yourself Up for Success and Communication.
- Sessions are a combination of instruction, interactive activities, small group discussions, time for reflection, and guest speakers.
- A participant workbook with space for reflection and activities.



2025 MAY

SUN	MON	TUE	WED	THU	FRI	SAT
				1 VAW 1	2	3
4	5 Bloom	6 ISI 1	7 Monthly Exchange	8 ISI 1	9	10
11 Mother's Day	12 Bloom	13 ISI 1	14	15 ISI 1	16	17
18	19 Victoria Day	20 ISI 1	21	22 ISI 1	23	24
25	26 Bloom	27 BB 1	28	29 BB 1	30	31

2025 JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Bloom	3 BB 1	4 Monthly Exchange	5 BB 1	6	7
8	9 Bloom	10 BB 1	11	12 BB 1	13	14
15 Father's Day	16 Bloom	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Microcredential

To receive the microcredential, Home Visitors must ensure that the following criteria are met:

- Can't miss more than 3 classes in one term
- Complete 100% of the Evidence of Learning reflection assignments
- For attendance to be counted, you must be in the class for at least 45 minutes
- Complete two terms of one level

Spring Scholarship Program

Home Visitors wishing to pursue further education are encouraged to apply for the Spring Scholarship Program in April 2025. Three prizes of \$2,500 will be available. The scholarships can be used towards tuition, books, and other associated costs. To apply, you will need a letter of recommendation from your Coordinator. More details will be released in April.